

Traumatic Stress: What Is It & What To Do
Coping with Crises, Disasters & Trauma
Disaster Management: Strategies to Minimise Stress
Post-trauma: Adjusting or Overcoming?
Question & Answer Session

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Photo: This seminar was first prepared as a result of the Newcastle Earthquake, 28/12/89. This seminar is internet listed at www.geocities.com/info_seminars