Practical Skills

for Coping with

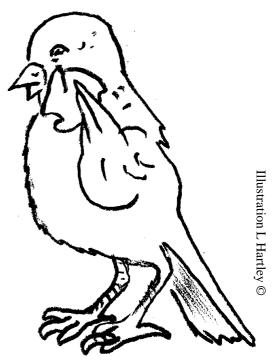
Grief and Loss

A seminar presented by Lionel Hartley

Programme:
The grief process
Helping a grieving friend
- Part 1 "Caring"
Pitfalls to caring
Helping a grieving friend
- Part 2 "Practical helps"

Self-help for the grieving

Questions and answers



This seminar is internet listed at www.geocities.com/info_seminars