

Who Cares? Carer Support Seminar

for carers - because we care.

With Lionel Hartley, PhD

Carer support, because more than one million people in Australia look after someone who has an illness, is frail or elderly, or who has a physical, mental or intellectual disability. It could be your spouse, mother, father, inlaws, child or other family member or maybe just a friend. But who cares for the carers?

This seminar provides some practical helps. Subjects include: Learning to care, comments from other carers, legal implications and considerations, safety in the home, health summaries, financial assistance, carer support resources, relaxation and respite, etc.

