

# Public Seminar



## Dealing with **Anger** and Frustration

*Presenter: Lionel Hartley*

### Programme:

Dictionary definitions of Anger

Personal definition of Anger

Does God get angry? What about us?

Causes of anger / Responses to anger

Anger aversion tools.

This seminar is internet listed at [www.geocities.com/info\\_seminars](http://www.geocities.com/info_seminars)

